

Tel 209-2414

FAX 209-2464

Prices effective 6/1/10

Benten

Japanese Restaurant

Thursday Lunch Specials

1. **Chicken Teriyaki**-----\$6.50
2. **Salmon Teriyaki**-----\$7.50
3. **Salmon Kama**-----\$7.50
 Broiled salmon wings with Ponzu Sauce
4. **Tofu Teriyaki**-----\$5.50
5. **Yakitori**-----\$7.00
 Skewered chicken and onions w/ Teriyaki sauce
6. **Tatsuta Age**-----\$5.50
 Japanese style marinated fried chicken wings
7. **Sushi Combination**-----\$7.75
 2 pc. of Inari (fried bean curd stuffed with rice),
 4 pc. of California Roll
 3 pc. of Futomaki (variety of vegetables, egg, and crabstick)
8. **Chicken Katsu**-----\$6.75
 Breaded fried chicken breast
9. **Pork Katsu**-----\$6.75
10. **Fish Katsu**-----\$6.75
11. **Beef Negimaki**-----\$6.75
 Scallion rolled in sliced beef served w/ Teriyaki sauce
12. **Chicken Negimaki**-----\$6.75

*****All of the above (#1 thru #12) come with rice, 2 pcs. of Shumai and bean sprout salad *****

13. **Yaki Udon**-----\$6.70
 Sauteed Udon noodle with vegetables
14. **Oyako Don**-----\$6.75
 Chicken, vegetables, and egg served over rice
15. **Yakiniku Don**-----\$7.50
 Stir fried sliced beef and vegetables with soy-garlic sauce

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| 16. Sukiya Don----- | \$7.50 |
| Beef, tofu, rice noodles, and vegetables served over rice | |
| 17. Katsu Don----- | \$7.75 |
| Chicken cutlet, vegetables, and egg served over rice | |
| 18. Udon----- | \$6.25 |
| Thick noodle, fishcake and fried bean curd in a broth | |
| 19. Futomaki----- | \$7.25 |
| Jumbo Roll with variety of vegetables, egg, and crab stick | |
| 20. Chirashi*----- | \$9.00 |
| Assorted vegetables and raw fish served over rice | |
| 21. Sashimi*----- | \$10.50 |
| Assorted raw fish served with rice | |
| 22. Sushi*----- | \$9.25 |
| 5 pcs of assorted Sushi and 1 Tuna Roll | |
| 23. Maki Combination----- | \$8.50 |
| Tuna Roll, Cucumber Roll, and California Roll | |
| 24. Maki Combination with Fresh Salmon*----- | \$9.50 |
| Tuna Roll, California Roll, and Fresh Salmon Roll | |
| 25. Maki Combination with Eel----- | \$9.50 |
| Tuna Roll, California Roll, and Eel Roll | |
| 26. Maki Combination with Vegetable----- | \$8.00 |
| Cucumber Roll, California Roll, and Vegetable Roll | |
| 27. Oshizushi----- | \$13.50 |
| Pressed Sushi with salmon, eel and avocado, and spicy tuna. | |
| 28. Edamame----- | \$3.75 |
| 29. Seaweed Salad----- | \$4.50 |
| 30. Crab Salad----- | \$6.50 |
| 31. Green Salad----- | \$3.00 |
| 32. Sashimi Salad----- | \$9.50 |
| Seared Tuna, mandarin oranges, salmon, white fish, and red leaf lettuce served with Ginger Dressing. | |
| 33. Vegetable Tempura Soba----- | \$7.00 |
| Buckwheat noodle soup served with vegetable Tempura. | |

Dishes marked * contain raw fish. Consuming raw or undercooked meats, fish, shellfish, or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*We deliver to Brookhaven National Laboratory every Thursday.
Please call or fax your order a day before or by 10:30 am
Thursday morning.*